

**ARMY PUBLIC SCHOOL, BANGALORE**  
**SPLIT UP SYLLABUS 2024-25**

**CLASS - 12**  
**SUBJECT- PSYCHOLOGY**

<b>SL. NO.</b>	<b>MONTH &amp; WORKING DAYS</b>	<b>CONTENT</b>
1.	<b>APRIL, 13 DAYS</b>	-
2.	<b>JUNE, 16 DAYS</b>	Chapter 1-Variations in Psychological Attributes, Practical 1
3.	<b>JULY, 25 DAYS</b>	Chapter-2 Self and Personality, Practical 2 Chapter -3Meeting Life's Challenges
4.	<b>AUG, 23 DAYS</b>	Chapter -4 Psychological Disorders Practical -3
5.	<b>SEPT, 21 DAYS</b>	Chapter-5 Therapeutic Approaches Practical -4 and 5 Chapter-6 Attitude and Social Cognition
6.	<b>OCT, 15 DAYS</b>	Chapter-7 Social Influence and Group processes

7.	<b>NOV, 21 DAYS</b>	Preboard
8.	<b>DEC, 17 DAYS</b>	Revision
9.	<b>JAN, 24 DAYS</b>	
10.	<b>FEB, 22 DAYS</b>	
11.	<b>MARCH, 23 DAYS</b>	

**BOOKS: Psychology Class 12 NCERT**